

Pure Metaphysics

SERVICES COMPARISON

- ✓✓✓ PRIMARY INTENTION
- ✓ SECONDARY INTENTION
- + POSSIBLE BENEFIT

Self-understanding = Healing. And it all starts inside of you.
QHHT covers the most ground and aims to strengthen your Higher Self connection.
Past Life Regression zeroes in on a single area of focus for profound change and release.
Between Lives is to meet guides, review contracts, and explore soul connections.
Quantum Journey is for anyone interested in dipping their toes into the deep end of the pool.
Return Journey invites frequent fliers back in to supplement at-home practice.

	QHHT	PAST LIFE REGRESSION	BETWEEN LIVES	QUANTUM JOURNEY	RETURN JOURNEY
DURATION	4-6 HOURS	3 HOURS	4 HOURS	2 HOURS	2 HOURS
DELIVERY	STUDIO	STUDIO & ONLINE	STUDIO & ONLINE	ONLINE	STUDIO
DESIGNED FOR FIRST-TIMERS	YES	YES		YES	
EXPERIENTIAL HYPNOTIC JOURNEY	✓✓✓	✓✓✓	✓✓✓	✓✓✓	✓✓✓
HEAL THROUGH SELF-UNDERSTANDING	✓✓✓	✓✓✓	✓✓✓	✓✓✓	✓✓✓
EXPLORE MULTIPLE TOPICS	✓✓✓	+	✓✓✓	+	✓
IN-SESSION INTEGRATION	✓✓✓	✓✓✓	✓	+	✓✓✓
CHANGE-FOCUSED INTEGRATION	✓✓✓	✓✓✓	+	+	✓✓✓
ENERGY / DENSITY RELEASE	✓✓✓	✓✓✓	+	+	✓
STRONGER HIGHER SELF CONNECTION	✓✓✓	+	✓✓✓	+	✓
HIGHER SELF QUESTION & ANSWER	✓✓✓	+	✓	+	+
GUIDE(S) QUESTION & ANSWER	+	+	✓✓✓	+	+
SOUL CONTRACT / RELATIONSHIP REVIEW	+	+	✓✓✓	+	+
DISCUSSION OF PRESENT LIFE	✓✓✓	✓	✓	+	✓
ACCESS TO PAST LIVES	✓✓✓	✓✓✓	✓	+	+
ACCESS TO CHILDHOOD	+	+	+	+	+
ACCESS TO WOMB EXPERIENCE	+	+	+	+	+
ACCESS TO FUTURE POSSIBILITIES	+	+	+	+	+
EXPLORE BETWEEN LIVES / SPIRIT SIDE	+	+	✓✓✓	+	+
SOUL PART REINTEGRATION	+	+	+	+	+
CONTACT WITH ASTRAL ENERGIES	+	+	+	+	+
FORGIVENESS WORK	✓	✓	✓	+	✓