

Pure Metaphysics

S E R V I C E S C O M P A R I S O N

Self-understanding = Healing. And it all starts inside of you.

- ✓✓✓ PRIMARY INTENTION
- ✓ SECONDARY INTENTION
- + POSSIBLE BENEFIT

QHHT: Deeply immersive journey to retrieve inner guidance on long-standing life questions
Past Life Regression: Inner exploration to release a pattern, fear, or relationship theme
Between Lives: Meet guides and review soul contracts & relationships for clarity of purpose
Quantum Journey: Learn to retrieve subconscious information with the conscious mind
Return Journey: A session for repeat clients strengthening their at-home practice

	QHHT	PAST LIFE REGRESSION	BETWEEN LIVES	QUANTUM JOURNEY	RETURN JOURNEY
DURATION	4-6 HOURS	3 HOURS	4 HOURS	2 HOURS	2 HOURS
DELIVERY	STUDIO	STUDIO & ONLINE	STUDIO & ONLINE	ONLINE	STUDIO
DESIGNED FOR FIRST-TIMERS	YES	YES		YES	
EXPERIENTIAL HYPNOTIC JOURNEY	✓✓✓	✓✓✓	✓✓✓	✓✓✓	✓✓✓
HEAL THROUGH SELF-UNDERSTANDING	✓✓✓	✓✓✓	✓✓✓	✓✓✓	✓✓✓
EXPLORE MULTIPLE TOPICS	✓✓✓	+	✓✓✓	+	✓
IN-SESSION INTEGRATION	✓✓✓	✓✓✓	✓	+	✓✓✓
CHANGE-FOCUSED INTEGRATION	✓✓✓	✓✓✓	+	+	✓✓✓
ENERGY / DENSITY RELEASE	✓✓✓	✓✓✓	+	+	✓
STRONGER HIGHER SELF CONNECTION	✓✓✓	+	✓✓✓	+	✓
HIGHER SELF QUESTION & ANSWER	✓✓✓	+	✓	+	+
GUIDE(S) QUESTION & ANSWER	+	+	✓✓✓	+	+
SOUL CONTRACT / RELATIONSHIP REVIEW	+	+	✓✓✓	+	+
DISCUSSION OF PRESENT LIFE	✓✓✓	✓	✓	+	✓
ACCESS TO PAST LIVES	✓✓✓	✓✓✓	✓	+	+
ACCESS TO CHILDHOOD	+	+	+	+	+
ACCESS TO WOMB EXPERIENCE	+	+	+	+	+
ACCESS TO FUTURE POSSIBILITIES	+	+	+	+	+
EXPLORE BETWEEN LIVES / SPIRIT SIDE	+	+	✓✓✓	+	+
SOUL PART REINTEGRATION	+	+	+	+	+
CONTACT WITH ASTRAL ENERGIES	+	+	+	+	+
FORGIVENESS WORK	✓	✓	✓	+	✓